STUDY SKILLS

**High School**

* Skim the chapter.
* Scan for bold words.
* Review the definitions.
* Read the chapter summary.

**College**

* Preview the chapter to gain a high-level overview of the content.
* Go back and carefully read the chapter in its entirety.
* Reflect upon what you just read.
* Ask yourself, “Could I teach this to someone else?”
* If not, go back and read the chapter again.
* Reflect again on what you have now learned.
* Review the night before and day of the exam.

**SOURCE:** *Leamon, B. (2019).* College success 101: A professor’s simple strategies for success in your first 101 days. *Independently published.*