

STUDY SKILLS

High School

- Skim the chapter.
- Scan for bold words.
- Review the definitions.
- Read the chapter summary.

College

- Preview the chapter to gain a high-level overview of the content.
- Go back and carefully read the chapter in its entirety.
- Reflect upon what you just read.
- Ask yourself, “Could I teach this to someone else?”
- If not, go back and read the chapter again.
- Reflect again on what you have now learned.
- Review the night before and day of the exam.

SOURCE: *Leamon, B. (2019). College success 101: A professor’s simple strategies for success in your first 101 days. Independently published.*

