**SAMPLE MICRO-GOALS PLANNER**

# **Look at the big goal below. How could you break it into smaller tasks? With your group, make a list of the micro-goals you would use to reach the big goal. Include due dates for each micro-goal to stay on track. The first two have been added for you.**

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| **Big Goal** | Write a 10-page research paper. |
| **Date** | **Micro-Goal** |
|  | Pick a topic. |
|  | Find one resource each day for five days. |
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