GOVERNMENT IN DAILY LIFE - TEACHER GUIDE

Time	Your Action	How is this impacted by the government?
6:45am	The alarm on your phone goes off at 6:45 sharp.	 The U.S. Department of Transportation (uniform time). National Institute of Standards and Technology (official time).
7:05am	You take a vitamin supplement prescribed by the doctor.	 Food and Drug Administration
7:07am	You check the weather before leaving. It is supposed to rain today, so you grab an umbrella!	National Weather Service
7:20am	You get in your car to drive yourself to school.	Traffic and insurance lawsState driver's licenses
7:45am	You park the car and grab your things to walk up the ramp into the main doors.	American Disability Act
8:00am	You are greeted by one of your favorite teachers as you enter your history class!	Teacher certificationGraduation requirements
10:20am	You enter third period and review for the upcoming state test you will take soon.	 Department of Education (federal and state)
11:30am	You head to the cafeteria to eat lunch with a friend. They are serving your favorite meal! The lunch worker reminds you to choose a vegetable or fruit.	 National School Lunch Program
1pm	It begins to rain, and you receive a Flash Flood warning on your phone.	National Weather Service
2:45pm	You head to the local restaurant you work at to pick up your paycheck. You are off today, but you say hi to a coworker as she is cleaning off a table.	 Occupational Safety and Health Administration Health and Safety regulations Labor Department

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2:57pm	You deposit the check at the bank.	Federal Deposit Insurance Corporation
3:30pm	You notice your gas tank is low, so you pull into a nearby station to fill up. You notice that the Powerball is up to nearly \$200 million dollars!	State lottery commission
5pm	The rain has cleared up, so you decide to take your dog for a walk before dinner. You take the sidewalk to avoid puddles on the way to your local park.	Government-provided sidewalksCity Park management
5:18pm	You enjoy the fresh, clean air while your dog splashes around.	 Environmental Protection Agency
6pm	When you arrive home, you smell dinner. Your dad has made delicious chicken and potatoes!	State poultry lawsUSDA standards
6:45pm	Your grandma tells you to check the mail for a letter.	United States Postal Service
8pm	Your family switches on the TV to watch the news. There was a horrible flood in another state and the president is promising help is on the way.	 Federal Emergency Management Agency National Flood Insurance Program Federal Communications Commission
9:25pm	You check one of your social media accounts before putting your phone away.	 Government programs and funded research led to web browsers and early systems that formed today's internet.